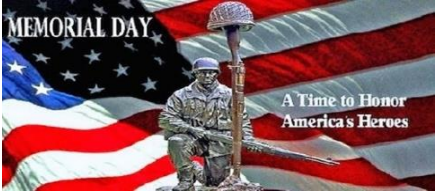






Monday	Tuesday	Wednesday	Thursday	Friday
27 May ASFKC CLOSED ☒ 	28	29 10:00-10:30 Announcements 10:30-12:00 Variety Show Prep 10:15-11:00 SLP with Rockhurst 12:00-12:30 Lunch 12:30-2:00 Physical Wellness	30 <div style="border: 1px solid black; background-color: #f9cb9c; padding: 5px;"> Intellectual Wellness w/SLP: Rockhurst Univ. Speech Language Pathology Dept.- Group/Indiv summer activities. </div>	31
3 10:00-10:30 Announcements 10:30-12:00 Variety Show Prep 10:15-11:00 SLP with Rockhurst 12:00-12:30 Lunch 12:30-2:00 Physical Wellness	4 	5 10:00-10:30 Announcements 10:30-12:00 Variety Show Prep 10:15-11:00 SLP with Rockhurst 12:00-12:30 Lunch 12:30-2:00 Physical Wellness	6 <div style="border: 1px solid black; background-color: #cfe2f3; padding: 5px;"> Spiritual/Emotional/Social Wellness: Lunch- Visiting with others Self Check- Mindfulness, quiet, prayer etc. </div>	7
10 10:00-10:30 Announcements 10:30-12:00 Variety Show Prep 10:15-11:00 SLP with Rockhurst 12:00-12:30 Lunch 12:30-2:00 Physical Wellness	11	12 10:00-10:30 Announcements 10:30-12:00 Variety Show Prep 10:15-11:00 SLP with Rockhurst 12:00-12:30 Lunch 12:30-2:00 Physical Wellness	13 	14 
17 10:00-10:30 Announcements 10:30-12:00 Variety Show Prep 10:15-11:00 SLP with Rockhurst 12:00-12:30 Lunch 12:30-2:00 Physical Wellness	18	19 11:00-10:30 Announcements 10:30-12:00 Variety Show Prep 10:15-11:00 SLP with Rockhurst 12:00-12:30 Lunch 12:30-2:00 Physical Wellness ☒	20-Jun <div style="border: 1px solid black; background-color: #d3d3d3; padding: 5px;"> Physical Wellness (PW): Biometrics: Body measurements Arthrokinematics - Range of Motion (ROM), Cardio & Fitness Equipment. Water Fitness: Group water fitness. </div>	21-Jun
24 10:00-10:30 Announcements 10:30-12:00 Variety Show Prep 10:15-11:00 SLP with Rockhurst 12:00-12:30 Lunch 12:30-2:00 Physical Wellness	25 <div style="color: green;"> Upcoming: Visit: Art with Rhonda Outing: Raytown Hy-Vee Education - Portion Sizing Community: Stroke Walk </div>	26 10:00-10:30 Announcements 10:30-12:00 Variety Show Prep 10:15-11:00 SLP with Rockhurst 12:00-12:30 Lunch 12:30-2:00 Physical Wellness	27-Jun  AMERICAN STROKE FOUNDATION Reclaiming hope. Rebuilding lives.	28-Jun