


Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>10:00-10:30 LC/Press Release 10:30-11:00 ROM with Rosi 11:00-1:15 SLP/Lunch 1:15-1:30 Self Check 1:30-2:30 Water Works 1:30-2:30 Small Group Fitness</p>		<p>05</p> <p>10:00-11:30 Brain Games 11:30-12:20 Lunch/ Pet Therapy 12:20-12:30 Self Check 12:30-1:30 Fitness With Nina 1:30-2:30 Water Works 1:30-2:30 Small Group Fitness</p>	<p>6</p> <p><b>SLP: Rockhurst Univ. Speech Language Pathology Dept. Group facilitated by Shatonda Jones. Join us for group cognitive activities and individual speech therapy sessions.</b></p>	<p>7</p>
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<p>19</p> <p>10:00-10:30 LC/Press Release 10:30-11:00 ROM with Rosi 11:00-1:15 SLP/Lunch 1:15-1:30 Self Check 1:30-2:30 Water Works 1:30-2:30 Small Group Fitness</p>	<p>20</p>	<p>21</p> <p>10:00-11:30 Brain Games 11:30-12:20 Lunch/ Pet Therapy 12:20-12:30 Self Check 12:30-1:30 Fitness With Nina 1:30-2:30 Water Works 1:30-2:30 Small Group Fitness</p>	<p>22</p> <p><b>*LEADERBOARD Challenge LC): Help your fitness group get to the top of the leaderboard by earning wellness activity points. **Press Release: Check-In with your weekly announcement.</b></p>	<p>23</p>
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