

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p>  <p><b>ASF Closed</b> <b>Have a safe 4<sup>th</sup> of July weekend!</b></p>	<p>4</p>	<p>5</p> <p>10:15-11:30 Balance Games 11:30-12:00 <b>Variety Show Prep</b> 12:00-1:00 Lunch and Self-Check 1:00-1:30 Brain Games 1:30-2:30 Fitness 1:30-2:30 Water Works/SGF</p>	<p><b>SGF: Cardio and fitness equipment</b></p> <p><b>Water Works: Group water aerobics</b></p>	
<p>10</p> <p>10:15-12:00 SLP Enrichment/SM group 11:00-12:00 <b>Disco Bingo w/Mike</b> 12:00-12:45 Lunch w/Book Club (Ch. 11-12) 12:45-1:30 ROM with Rosi 1:00-1:30 Advanced SGF 1:30-2:30 Water Works/SGF</p>	<p>11</p>	<p>12</p> <p>10:15-11:00 Current Topics 11:00-11:30 <b>Variety Show Prep</b> 11:30-12:30 Lunch and Self-Check 12:30-1:30 <b>"You're the Expert"</b> 1:30-2:30 Fitness 1:30-2:30 Water Works/SGF</p>	<p><b>You're the Expert: Present on chosen interesting topics</b></p> <p><b>Disco Bingo: Return to the 70's as you listen to disco and play bingo led by Mike.</b></p>	
<p>17</p> <p>10:15-12:00 SLP Enrichment/SM group 11:00-12:00 Brain Games 12:00-12:45 Lunch and Self-Check 12:45-1:30 ROM with Rosi 1:00-1:30 Advanced SGF 1:30-2:30 Water Works/SGF</p>	<p>18</p>	<p>19</p> <p>10:15-12:00 Painting 12:00-1:00 Lunch and Self-Check 1:00-1:30 Brain Games 1:30-2:30 Fitness 1:30-2:30 Water Works/SGF <b>**3:00 RMC support group</b></p>	<p><b>SLP: Speech Language Pathology provided by Rockhurst University students.</b></p>	
<p>24</p> <p>10:15-12:00 SLP Enrichment/SM group 11:00-12:00 The Survivor's Journey 12:00-12:45 Lunch and Self-Check 12:45-1:30 ROM with Rosi 1:00-1:30 Advanced SGF 1:30-2:30 Water Works/SGF</p>	<p>25</p>	<p>26 <b>Outing &amp; Lunch</b></p> <p><b>Lunch: 11AM TBD</b></p> <p><b>Kemper Museum: 12:30PM</b> <b>4420 Warwick Blvd</b> <b>Kansas City, MO 64111</b></p>	<p><b>"ROM" -Range of motion: Head to toe joint motions</b></p> <p><b>Book Club: Mark Moore's A Stroke of Faith</b></p>	
<p>31</p> <p>10:15-12:00 SLP Enrichment/SM group 11:00-12:00 Fall Prevention Education 12:00-12:45 Lunch and Self-Check 12:45-1:30 ROM with Rosi 1:00-1:30 Advanced SGF 1:30-2:30 Water Works/SGF</p>				